

# SPA & RELAX CENTRUM

## WRAPS (30 minut)

- **Parafin back wrap** **350 Kč**  
Improves blood circulation and warms up before a massage
- Levander
- Hemp
- Herbal - Ayurvedic
- Coconut
- Lemon balm
- Chocolate
- **Peaty wrap** **350 Kč**
  - Provides pleasant warmth and quick pain relief.
  - Used for back pain, joint pain, arthrosis and rheumatism.
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## PARAFIN HAND WRAP AND HAND MASSAGE

Paraffin wraps are a procedure that combines health and aesthetic effects. They have a beneficial effect on the nervous system and provide protection for the small joints, improving the condition of the joints during arthrosis. The heat improves the blood flow to the skin and has a positive effect on improving the regeneration of muscle spasms. The hands are very well rested after the wrap, which also leads to a high cosmetic effect leaving your hands smooth and velvety.

Price for 30 minutes: 290 CZK

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## PACKAGE LIGHT LEGS

Foot care improves blood and lymphatic circulation, relieves stress, relieves foot fatigue, pain and tension, which induces a feeling of inner peace and harmony.

- Relaxing herbal bath - relaxing and refreshing bath cools pleasantly while softens and moisturises the skin. It soothes and refreshes tired feet, protects them from excessive sweating, burning and mold.
- Peeling of legs with citrus salt - the fine crystals of the peeling salt remove the remnants of dead skin and at the same time lightly massage. Refreshing citrus add new energy and stimulate the mind, add freshness and vitality. The result will be smooth and silky skin.
- Relaxing foot massage - improves blood and lymphatic circulation, relieves stress, relieves pain and tension of legs. This almost miraculous massage evokes a feeling of inner peace and harmony.

Price for 55 minutes: 890 CZK



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## BODY TREATMENT

### Rituál Spa – SPORT

This spa treatment is a complex ritual which leads to vital relaxation not only for men. This treatment is suitable after sport and as preparation for sports performance.

#### 1. step

Soft aromatic ice scrub with a mint is composed from brown sugar, salt and Mediterranean essential oils. This scrub purifies the skin, releases deep-seated toxins and removes dead cells. The skin becomes like velvet.

#### 2. step

Intensive mountain bath is composites from 7 herbs. Treat yourself to a relaxing sensation with a bath which has a musky scent and brings real pleasure

#### 3. step

Aromatic full-body sport massage by nature bio oil with aromatic oil of your choice.

Price for 90 minutes: 1 350 CZK



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## Rituál FROM EGYPT

This spa ritual will take you on a journey of relaxation and release. This journey takes place in 4 steps, during which you indulge in exotic scents and enjoy the whole spa ritual to the maximum, which awakens all 5 senses in you and takes you to another world.

### 1. step

The spa ritual begins with a honey scrub which remove toxins from your skin. Your skin becomes soft, smooth and prepared for next treatment.

### 2. step

The journey continues with aromatic Cleopatra bath which fragrances your body and soul with scent of rose. Your mind is detached from all the worries and will be absorbed in the endless release.

### 3. step

This is followed by a relaxing and unwind full body massage born from Polynesian culture. This traditional massage is slow-paced, yet works deep into the muscles and mind.

### 4. step

The journey ends with application of body butter from Siberian Rose on whole your body, leaving the body cleansed, hydrated and relaxed.

Price for 90 minutes: 1 350 CZK

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## THE RELAXING BATH

Thanks to the high proportion of essential oils, the bath will give you a unique relaxing experience that will enrich your body and senses.

- **Supporting the respiratory system** – has an anti-inflammatory effect - influenza, sinusitis, rheumatism

**Contains** – plantain, yarrow, mint, eukalyptus, thyme

- **Anti - stress** – antistresová – indian lemon balm oil soothes and relaxes the whole body and mind, fists the skin, helps with migraine, removes problems with falling asleep

**Contains** – hops, lavender, melissa

- **Peat** – regenerative bath, affects body and mind. Active substances and minerals relax muscles and tissues, promote regeneration and healing

- **Mountain** – bath from 7 herbs (lavender, mint, chamomile, nettle, thyme, hay flowers, sage) strengthens and stimulates human organism, promotes mobility and regeneration of muscles

**Contains** – nettle, birch, chamomile, turnip, chicory

Price for 20 minutes: 300 CZK



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## MASSAGES

### Partial massage (shoulders, nape, back)

- Classic sports massage
- Anti – stress massage with aroma oils

Price for 25 minutes: 450 CZK

### Total body massage (back, shoulders, nape, legs)

- Classic sports massage
- Anti – stress massage with aroma oils

Price for 50 minutes: 800 CZK

### Havana rum massage

Nourishing oils in combination with Cuban rum greatly improve blood circulation to tense muscles and release accumulated stress. Before the massage begins a cup of Cuban rum awaits you to warm up the body.

Price for 50 minutes: 850 Kč

### RELAXACION MASSAGE WITH LAVA STONES

Relaxation induced by massage strokes, rythm and the power of the stones. The strokes are slow, balanced, and spiral wave-like which induces total relaxation and perhaps even a lightly hypnotic, uplifting trance.

Price for 50 minutes: 950 CZK



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## MASSAGE WITH AROMATIC CANDLE

- A relaxing massage with a special massage candle, which illuminates the space to distract the fragrance of the far ocean. After wax dissolving, we have a warm, luxurious massage product.
- Massage candles with aroma and green tea effect
- Massage candles with aroma of jasmine
- Massage candles with the aroma of an exotic ocean

Price for 30 minutes: 490 CZK

Price for 50 minutes: 850 CZK

## INDIAN ANTISTRESS MASSAGE

Indian massage 100% aromatic massage oil BALANCE focuses on relaxing the muscles of the shoulders, neck, head and face. It is referred to as anti-stress because it relieves head and eye pain, relieves movement of the shoulders and neck, improves blood flow and helps lymph flow. Massage supports hair growth and improves their quality. Oil contains a balanced blend of orange and mandarin oil in conjunction with ylang-ylang, cedar wood and vanilla, soothing and harmonizing body and mind.

Price for 25 minutes: 450 CZK



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# SPA & RELAX CENTRUM

## THE RITUAL OF QUEEN KLEOPATRA

A sensual ritual of beauty and health, which, thanks to the precious oils of myrrh and frankincense, restores softness and youthful brightness to the skin. It combines a rejuvenating facial treatment and an aromatherapy body treatment. The ritual brings perfect sensual pleasure, which gives a woman self-confidence and a sense of attractiveness.

### The Ritual of queen Kleopatra – treatment of body and face

Discover the secrets of alchemy in a unique ritual for body beauty and soul harmony. The treatment uses only purely natural preparations, made according to the laws of alchemy and aromatherapy, and is inspired by the beautifying rituals of Egyptian queens.

1. **Gentle full body peeling** a mixture of salts from the Dead Sea and special oils
2. **Full body wrap** z from seaweed and exotic essences for skin rejuvenation, detoxification and hydration
3. **Complete facial treatment**

- Gentle face cleansing with Ylang Ylang emulsion and rose flower tonic
- Facial massage with special oils that nourish the skin
- Application of a lifting mask made of seaweed, which smoothes wrinkles and perfectly treats the skin of the face

4. **Full-body relaxing aroma massage for a feeling of rebirth**

### **Key treatment product: QUEEN OF EGYPT BODY OIL**

Contains: almond oil, frankincense, myrrh and petitgrain essential oils

**Effects of the oil:** the oil hydrates and deeply nourishes the skin, it is excellent for fighting skin aging. It prevents the loss of skin tone, the appearance of wrinkles and leaves the skin velvety smooth. It has a healing effect. On an emotional level, it imparts self-confidence, helps to maintain balance and inner harmony

**Price for 120 minutes: 1 700 CZK**

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# SPA & RELAX CENTRUM

## The Ritual of queen Kleopatra – treatment of body

Discover the ritual by which the body of Queen Cleopatra herself was cared for.

1. **Gentle full body peeling** a mixture of salts from the Dead Sea and special oils
2. **Full body wrap** from seaweed and exotic essences for skin rejuvenation, detoxification and hydration
3. **Full body relax aroma massage** for a sense of rebirth

### **Key treatment product: QUEEN OF EGYPT BODY OIL**

Contains: almond oil, frankincense, myrrh and petitgrain essential oils

**Effects of the oil:** the oil hydrates and deeply nourishes the skin, it is excellent for fighting skin aging. It prevents the loss of skin tone, the appearance of wrinkles and leaves the skin velvety smooth. It has a healing effect. On an emotional level, it imparts self-confidence, helps to maintain balance and inner harmony

Price for 90 minutes: 1 350 CZK

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# SPA & RELAX CENTRUM

## The Ritual of queen Kleopatra – treatment of face

The world of beauty is fascinating, although sometimes it seems to be bound by a web of pettiness.

Alqvimia strives to restore depth, intensity and power to beauty. Alqvimia does not want to create superficial or impersonal beauty.

It creates a new Beauty, given by the absolute transformation of femininity.

Beauty is holy.

## Complete facial treatment

- Gentle cleansing of the face with Ylang Ylang emulsion - a make-up removing emulsion containing fruit acids gently removes make-up and dead skin cells, softens the skin perfectly and increases the ability to absorb active substances.
- Cleansing the skin with a skin tonic made from rose flowers.
- Facial peeling – gentle 100% natural peeling containing natural abrasives from the kernels and shells of walnuts and coconut.
- Facial massage with special oils that nourish and hydrate the skin (Wheatgerm oil, Petitgrain a Rejuvenate serum).
- Application of a lifting mask made of seaweed, which smooths out wrinkles and perfectly treats the skin of the face.

Price for 60 minutes: 1 100 CZK

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# SPA & RELAX CENTRUM

## FULL BODY RITUAL ANTI – STRESS

A holistic ritual that provides the pleasure of perfect physical relaxation and helps to regain psychological balance. Thanks to the unique combination of essential oils with anti-stress effects, it returns a feeling of well-being and harmony. The skin becomes hydrated and detoxified after the treatment.

1. **Full body peeling** a mixture of salts from the Dead Sea and special oils
2. **Full body wrap** from seaweed and anti-stress essence to relax body and mind
3. **Relaxing anti-stress head massage** with rosemary tincture
4. **Full body relax aroma massage**

### **Key treatment product: ANTI-STRESS BODY OIL**

Ingredients: lavender and marjoram oil. The composition of the oil is complemented by citrus fruits known for their ability to stimulate the production of serotonin.

**Effects of the oil:** a relaxing body oil that alleviates the psychological and physical effects of stress.

It is especially suitable for people suffering from tension, anxiety and insomnia.

**Price for 120 minutes: 1 600 CZK**

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# SPA & RELAX CENTRUM

## FULL BODY RITUAL OF JOY (body and face)

A ritual, that will give you a new dose of optimism and helps you feel the joy from life.

The fresh aroma encourages positive thinking and brings mental relaxation.

The perfect effect of essential oils restores feelings of hope, optimism and joy from life.

The revitalizing power of the fruit provides the skin with hydration, regeneration and deep nutrition, encourages self-confidence, provides perspective and mental peace.

1. **Gentle full body peeling** a mixture of Dead Sea salts and special oils
2. **Full body wrap** - seaweed and precious essences to rejuvenate, detoxify and hydrate the skin
3. **Complete facial treatment**

- Gentle face cleansing with Ylang Ylang emulsion and orange blossom tonic
- Facial massage with wheat germ oil, high in vitamins
- Application of a lifting seaweed mask that smooths wrinkles and perfectly treats the skin

4. **Gentle full body massage** - with lavender oil with citrus essence

### **Key Treatment Product: WHEAT GERM OIL**

Ingredients: wheat germ oil, lavender oil and citrus essences

**Effects of the oil:** cares, hydrates and regenerates the skin.

At the aromatherapy level, it induces a good mood, brings feelings of joy and carefreeness.

**Price for 120 minutes: 1 700 CZK**

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# SPA & RELAX CENTRUM

## **FULL BODY RITUAL OF FLOWERS (body and face)**

Let yourself be pampered by a flood of delicate exotic flowers, herbs and fruits in a unique treatment to soothe, hydrate, rejuvenate and nourish the skin of the whole body and face.

Discover the secrets of alchemy in a unique ritual for body beauty and soul harmony.

A unique whole-body ritual, using only purely natural preparations, made according to the laws of alchemy and aromatherapy, a wonderful exotic relaxation and escape from everyday life.

1. **Gentle full body peeling** a mixture of Dead Sea salts and special oils
2. **Gentle full wrap** seaweed and Ylang Ylang essential oils
3. **Complete facial treatment**

- Gentle face cleansing with Ylang Ylang emulsion and orange blossom tonic
- Facial massage with wheat germ oil, high in vitamins
- Application of a lifting seaweed mask that smooths wrinkles and perfectly treats the skin

### **Key Treatment Product: SOOTHING BODY OIL**

Ingredients: almond oil, sesame and rose hop oil, essential oils of ylang, geranium, sage, lavender oil and citrus essences.

**Effects of the oil:** cares, hydrates and deeply nourishes the skin, heals and soothes irritation, relieves tension, brings mental relaxation.

**Price for 120 minutes: 1 800 CZK**



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